Life Assessment Rich Schaus

DATE 8/29/2022

Describe Family History: I have a strong support network with my family. My inlaws live on my property and are good influences an give wise council. My own family is more complicated but would support me if needed. My church is currently is transition as my father in law the pastor is retiring. I will see what happens there.

Physical

Height in Inches \_\_\_\_\_\_70\_\_\_\_\_\_\_\_\_\_ Waist Size in Inches \_\_\_\_\_34\_\_\_\_\_ Waist/Height \_\_\_\_\_\_.48\_\_\_\_

List of diagnosed physical ailments Leaky heart valve but not serious enough for any treatment

Sobriety

Drug of Choice \_\_\_\_Alcohol and THC\_\_(Primarily Alcohol)\_\_\_\_\_\_\_\_\_\_\_\_ Days sober \_\_30 years\_\_\_\_\_\_\_\_\_\_\_

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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

0= Currently in active addiction 10=Sober 20=Complete Step Study

NOTES:

Working on Masters in Leadership

Approximately 50% complete

Mental:

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

0= Functionally illiterate 10=GED 20=Certification of College degree

Mental Health

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

0= Not seeking any type of treatment help 10= Written mental health treatment plan

20= Functioning in society following treatment plan or no mental health issues identified

Problem Solving Skills:

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

0= Falls apart when problems arise 10= Able to come up with solutions to common problems

20= Capable of dealing with problems

Conflict Resolution Skills:

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

0= Combative 10= Generally agreeable 20: Extremely friendly

Housing

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

0 Homeless living on the street 10= Renting(self pay) 20= Home ownership

Movement toward driver’s license

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

0-10= Fines and suspension over $10,000 prevents license 10= License but no car nor insurance

20= License and own a car and insurance

Legal:

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

0= Avoiding legal issues (Warrants) 10= Identify all legal issues (No outstanding warrants anywhere)

List any legal labels:

20= No legal issues

Finances:

Total Amount of current debt to include fines \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total Value of all physical personal assets \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Dream Job \_\_\_\_Poverty Fighter\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Credit Score \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

NOTES:

0 Not even looking for work 10= Have a job 20= Full time work in career field of dream job

Understanding Middle Class Rules

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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

0=No understanding of Middle Class Rules 10=Functional Understanding 20=Fluent

Spiritual

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

0 = Proudly glorifying evil 10=Salvation 20= Radical Follower of Jesus

Relationships

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

0 Mostly unhealthy relationship 10=Choosing friends wisely 20 Surrounded by good influences

ACE Experience Score \_\_\_\_3\_\_\_\_\_\_\_\_

Overall

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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |

0: Not even looking for purpose in their lives 10= Purpose discovered

20= Living intentionally moving toward ultimate purpose